



Treatment of Traumatized Adults and Children: Clinician's Guide to Evidence-Based Practice

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Treatment of Traumatized Adults and Children: Clinician's Guide to Evidence-Based Practice Praise for *Treatment of Traumatized Adults and Children*

"A major stumbling block to adoption of evidence-based practice in the real world of clinical practice has been the absence of clinician-friendly guides. Such guides need to be understandable, free of technical research jargon, infused with clinical expertise, and rich with real-life examples. Rubin and Springer have hit a home run with this series, which has all of these characteristics and more."

—**Edward J. Mullen**, Willma & Albert Musher Chair and Professor, Columbia University

"Rubin and Springer have assembled the wisdom of leading practitioners of evidence-based practice interventions, enhancing the likelihood that these practices will be adopted by helping professionals. Written in the language of practitioners, this book represents an exemplar for dissemination of evidence-based practice information."

—**Joanne Yaffe**, Associate Professor, University of Utah College of Social Work

Evidence-based interventions for treating traumatized adults and children

Part of the Clinician's Guide to Evidence-Based Practice Series, *Treatment of Traumatized Adults and Children* provides busy mental health practitioners with detailed, step-by-step guidance for implementing clinical interventions that are supported by the latest scientific evidence.

Edited by renowned educators Allen Rubin and David W. Springer, this thoroughly useful reference draws on a roster of experts and researchers in the field who have assembled state-of-the-art knowledge into this well-rounded guide, and covers the following interventions that have the best empirical support for treating posttraumatic stress disorder:

- Prolonged exposure therapy
- Trauma-focused cognitive behavior therapy
- Eye Movement Desensitization and Reprocessing (EMDR)

Easy-to-use and accessible in tone, this indispensable resource is for practitioners who would like to implement evidence-based, compassionate, and effective interventions in their care of traumatized clients.

Also in the Clinician's Guide to Evidence-Based Practice Series

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