



The Meals in a Jar Handbook: Gourmet Food Storage Made Easy

Stephanie Petersen

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Food storage can be delicious!

Stephanie Petersen (a.k.a. Chef Tess) and Honeyville Farms are back with The Meals in a Jar Handbook. Filled to the brim with tips, techniques, and recipes, this cookbook will teach you everything you need for family-sized meals stored in jars, including Chef Tess's dry-packing method. And don't mistake the long shelf life for bland, tasteless food that's difficult to prepare. Just add water and cook! You'll love the

Sausage Gravy and Biscuit Dumplings

Country-Style Hamburger Stew

Cheesy Scalloped Potatoes and Ham

Lemon-Lime Cheesecake Pie

Whether you're preparing for an unexpected calamity or you simply want everyday food, Chef Tess has you covered in this definitive resource for making your own delicious shelf-stable meals. With Honeyville's quality ingredients, food storage doesn't have to be endured—it can be enjoyed!

Welcome to the Honeyville kitchen!

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