



Before We Eat: From Farm to Table

Pat Brisson

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Milk doesn't just appear in your refrigerator, or apples on your kitchen counter. Before we eat, many people must work very hard planting grain, catching fish, tending animals, and filling crates. In this book, vibrantly illustrated by Caldecott Medalist Mary Azarian, readers find out what must happen before food can get to our table to nourish our bodies and spirits.

Winner of the Moonbeam Children's Book Award

2015 "Growing Good Kids Excellence in Children's Literature Award," jointly administered by the American Horticultural Society and the International Junior Master Gardener Program. This award program recognizes children's books that effectively promote an appreciation for gardening, plants, and the environment.

From Whole Foods - Whole Kids Foundation News: Dig into a story that will get your kid curious about and engaged with how food goes from garden to table! In *Before We Eat: From Farm to Table*, you'll find out what happens before food lands on the table to fill our tummies and nourish our bodies. Read this vibrantly illustrated story aloud to your budding chefs, and encourage them to get cooking in the kitchen this Thanksgiving! (Chosen as the November Book Club Book)

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Steven Bourg:

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