



People Tools for Love and Relationships: The Journey from Me to Us

Alan Fox

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Relationship expert Alan C. Fox has inspired thousands of readers with the invaluable advice and engaging stories in his two bestselling books *People Tools* and *People Tools for Business*. Now he is back with the ultimate guide to a better life: *People Tools for Love and Relationships: The Journey from Me to Us*.

Alan is a master at building relationships. In *People Tools for Love and Relationships* he reveals time-proven techniques that you can use to enhance your connection with your partner, your family, your friends and everyone who is important to you.

Each chapter of the book illustrates a different "People Tool" using insightful stories and amusing anecdotes from Alan's life. From learning how to talk about money with your partner, how and when to apologize, to increasing trust and intimacy, each tool addresses a specific relationship issue and provides a simple, straightforward approach that you can adopt to create a positive result.

Some of the useful People Tools in the book include:

1. **How to be the right person.** To build a successful life partnership, it's more important to learn to *be* the right person than it is to *find* the right person.
2. **The Best Defense is No Defense.** While having a strong defense is helpful on the battlefield, being defensive in your relationships can cause serious problems.
3. **With All Faults.** No one is perfect. In any relationship it is important to accept your partner as they are, including their faults.
4. **Catch Them Being Better.** Rather than criticizing your partner for the qualities you might not like, try complimenting them for what you appreciate.

These easy-to-use *tools* will help you form deeper connections and grow closer to the people in your life.

Let Alan Fox expertly guide you on the journey from me to us. *People Tools for Love and Relationships* is the ultimate guide to better, more fulfilling relationships.

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