

Metamorphosis: 200-page Writing Journal With Inspirational Quotes About Transformation, Following Your Bliss, Acceptance and Letting Go by Joseph ... Inches] (Inspiration & Reflection) (Volume 1)

The Mindful Word

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Metamorphosis is a journal of transformation (the first release in The Mindful Word's Inspiration and Reflection series of writing journals). This 200-page diary has a butterfly on the cover and features the top words of wisdom by renowned mythologist Joseph Campbell to inspire your journaling. It has the following four quotes on the front and back covers: "We must let go of the life we have planned, so as to accept the one that is waiting for us." "Follow your bliss and the universe will open doors where there were only walls." "A hero is someone who has given his or her life to something bigger than oneself." "The privilege of a lifetime is being who you are."

This journal features:

- 200 lined pages (100 sheets)
- 6 x 9 inches
- 60 pound (90 gsm) white-colored paper
- Perfect bound matte softcover (10 pt stock)

Ten percent of book sales go towards enabling youth in developing countries to access better educational opportunities. This money is being donated to Build to Learn, an initiative started by The Mindful Word.



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