



Elementary Physical Education

Inez Rovegno, Dianna Bandhauer

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The Second Edition of Elementary Physical Education translates the most current research on learning, motivation, higher-order thinking skills, and social responsibility into easy to understand concepts and instructional strategies for elementary school physical education. The authors have revised, updated, and re-conceptualized the movement approach (skill theme approach) based on findings that have been shown to increase children's learning and teacher effectiveness. Each content chapter includes sample lesson plans designed to be teaching tools which will help transform the ideas discussed in the book. The content is aligned with the National Standards for Physical Education and NASPE's guidelines for appropriate practices. It offers many sample tools for assessing childrens' learning and maintaining program accountability. This comprehensive text can be used across several courses including elementary physical education curriculum and instruction, educational gymnastics, educational dance, educational games, and movement foundations courses. It is also the perfect reference tool for field experience courses and student teaching. Key Features: - NEW - Emphasizes the extensive changes made to the national physical education standards. These new standards have wide support and serve as the major goals for physical education nationwide. - NEW - Discussion of the Common Core State Standards which have been adopted by nearly all states and aim for all students to be college and career ready with knowledge and skills that have wide application in adulthood. - UPDATED - With the latest research and findings in the field.

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