



Weight Loss Surgery For Dummies

Marina S. Kurian MD, Barbara Thompson, Brian K. Davidson

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Get the scoop on weight loss surgery. This is your authoritative guide to weight loss surgery - before, during, and after. Considering weight loss surgery? This compassionate guide helps you determine whether you qualify and gives you the scoop on selecting the best center and surgical team, understanding today's different procedures, and achieving the best results. You also get tips on eating properly post-op and preparing appetizing meals, as well as easing back into your day-to-day life. This title helps to: discover how to evaluate your surgical options; understand the risks; prepare for surgery; handle post-op challenges; and, find sources of support.

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