



The Complete Idiot's Guide to Overcoming Procrastination

Michelle Tullier

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You're no idiot, of course. You know your life would be easier to handle and a lot more pleasant if you just stopped putting off 'til next month what you should have done last week. But when it comes to actually facing procrastination head-on and doing something about it... well, there's always tomorrow.

Don't crash on the couch and flip on the TV again! The Complete Idiot's Guide® to Overcoming Procrastination is a fun, easy-to-follow guide to reorganizing your life to get things done before they become a problem! In this Complete Idiot's Guide®, you get:

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Darrell Mayo:

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