



# Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind

*Candice Kumai*

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***Cleanse. Sculpt your body, boost your health, renew your mind, and improve your whole outlook on life.***

*Clean Green Drinks* is not just a recipe collection, but also a guide to a leaner, happier, and more fulfilled you. With more than 100 perfectly balanced, delicious drink recipes that can be made in a minute, *Clean Green Drinks* will help you sip away extra pounds as you sip away stress. Health journalist and chef Candice Kumai reveals the new science behind her enticing, refreshing flavors; and shows how easy it is to get fit, healthy, happy, and glowing!

## **Advance praise for *Clean Green Drinks***

“Candice’s recipes are delicious and will keep your skin glowing from the inside out. Trust me, your body will be thanking you once you introduce *Clean Green Drinks* into your diet!”—**Adriana Lima, supermodel**

“I’ve always been a fan of Candice’s recipes, and I can’t wait for her juices to kick-start my health! Healthy eating *can* be delicious!”—**Nicole Miller, designer**

“Candice Kumai knows how to jam a bazillion nutrients into a tasty and refreshing glass. Her creative beverages will give your body a boost and your taste buds a treat.”—**Joy Bauer, M.S., R.D., C.D.N., *New York Times* bestselling author and nutrition expert for NBC’s *Today***

“*Clean Green Drinks* is one of the most impressive health books out there, full of amazingly delicious recipes and fresh ingredients. If it’s great health you want, this book delivers.”—**Kim Barnouin, *New York Times* bestselling co-author of *Skinny Bitch***

“Candice Kumai is an absolute artist with recipes. She’s shaking things up with *Clean Green Drinks*. This book has taken my juicing obsession to a whole new level.”—**Gabrielle Bernstein, *New York Times* bestselling author of *May Cause Miracles***

“Combine a passion for health and nutrition with culinary expertise and you have Candice Kumai. I recommend her books for every kitchen!”—**Dr. Lindsey Duncan, celebrity nutritionist and naturopathic doctor**

“Candice has whipped up the most stylish guide to juicing. Green truly is the new black.”—**Michelle Smith, founder and designer, Milly**

“*Clean Green Drinks* is a treasure trove of recipes—perfect for cleansing, detoxing, and everyday sipping! The beautiful pictures and design of the book are bound to inspire.”—**Alexandra Jamieson, co-creator of *Super Size Me* and author of *The Great American Detox Diet***

“Going green has never been so delicious! Candice makes these recipes healthy, easy, fun, and yummy!”—**Keri Glassman, nutritionist, TV personality, and author of *The New You and Improved Diet***

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#### **Alberta Sanchez:**

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#### **Derek McCaleb:**

Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind can be one of your starter books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that could increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort that will put every word into enjoyment arrangement in writing Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind although doesn't forget the main position, giving the reader the hottest as well as based confirm resource data that maybe you can be considered one of it. This great information could drawn you into brand-new stage of crucial thinking.

#### **Timothy Pace:**

That publication can make you to feel relax. This particular book Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind was colorful and of course has pictures around. As we know that book Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind has many kinds or type. Start from kids until teens. For example Naruto or Investigator Conan you can read and feel that you are the character on there. Therefore , not at all of book are make you bored, any it can make

you feel happy, fun and loosen up. Try to choose the best book in your case and try to like reading this.

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