



# **Bioactive Food as Dietary Interventions for Diabetes: Bioactive Foods in Chronic Disease States**

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The role of diet in the prevention, control and treatment of diabetes continues to provide significant opportunity for non-pharmaceutical interventions for many of the over 20 million people who live with this disease. Looking beyond traditional dietary controls may lead to more effective, cost efficient, and flexible options for many patients.

**Bioactive Food as Dietary Interventions for Diabetes** is the only available scientific resource focused on exploring the latest advances in bioactive food research, and the potential benefit of bioactive food choice on the diabetic condition. Written by experts from around the world, it presents important information that can help improve the health of those at risk for diabetes and diabetes related conditions using food selection as its foundation.

- Focuses on the role of bioactive foods in addressing pre-diabetes symptoms, their potential to complement other treatments for those suffering from diabetes and diabetic-related obesity and other health issues
- Documents foods that can affect metabolic syndrome and ways the associated information could be used to understand other diseases that share common etiological pathways
- Includes insights from experts from around the world, providing global perspectives and options based on various regional foods

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