



**Age Protectors: Stop Aging Now With the Latest
Breakthroughs That: Halt the Life-Robbing
Diseases * Erase the Lines of Time * Sharpen Your
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Age Protectors is the first book to offer completely natural, realistic, easy, and practical strategies to look and feel younger-all contained in 12 "Stop-Time Tactics" that can be completed in just minutes a day. Recommended by dozens of leading anti-aging experts, the Stop-Time Tactics offer reliable age-protection advice, from the top 10 heart-protective superfoods to meditations that rejuvenate your outlook on life. *Age Protectors* is an essential guide for a healthy, disease-free lifestyle.

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