



# Principles & Methods of Adapted Physical Education & Recreation

*David Auxter, Jean Pyfer, Carol Huettig*

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With the current educational reforms promoting the inclusion of children with disabilities into the regular curriculum, this text provides physical educators with up-to-date knowledge and skills to deal with all levels of students' abilities. This is the only text in the adapted physical education market that provides both task specific and developmental teaching approaches. The result enables adapted and regular teachers of physical education to design and conduct programs for their students with disabilities.

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