



# **Getting Over A Breakup: Getting Over A Breakup Of A Relationship And Mending A Broken Heart While Getting Over A Breakup (Healing A Broken Heart)**

*John McQuilkin*

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## **Getting Over A Breakup Of A Relationship And Mending A Broken Heart While Getting Over A Breakup**

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You're about to discover what you need to know to get over the breakup of a relationship in an easy to understand format. This book was written to help all those who are deeply saddened by a relationship coming to an end, start to pick up the pieces of their lives and get on a path to healing. The breakup of a relationship is tough. We've all been through it. Your sorrow may seem insurmountable now but believe me you will get through it. Your heart may be broken but there are ways to mend your broken heart. If you are ready to start the process I would like to assist you. It is my hope that after reading this book you will be stronger both emotionally and mentally. At some point you may be ready to start dating again but for now let's just work on your recovery. Yes I said recovery because being heartbroken is a serious condition and should be regarded as such. Please take the time necessary to heal your heart. By searching for the right book to help in your healing you've already taken the first steps towards your recovery. I wish you all the success in the world as you undertake the mending of your broken heart. Remember... you can get over the breakup of a relationship and this book will help you do it!

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