

Aromatherapy and Essential Oils for Radiant Skin and Hair: Aromatherapy and Essential Oils Recipes for Skincare, Haircare, and Well-Being (Essential Oils for Beginners Book 3)

Anne Medlin



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Is it possible to achieve dazzlingly healthy skin, hair, and body, NATURALLY?

YES, and it's a LOT easier to achieve than you might think! The answer lies with essential oils.

Essential oils do what synthetic chemicals can't—they deliver the most powerful form of life-giving nourishment directly to the skin and hair in a form it recognizes and loves.

In the third book of her *Aromatherapy and Essential Oils* series, bestselling author Anne Medlin provides a comprehensive guide on using essential oils as part of a natural beauty routine. In *Your Guide to Aromatherapy and Essential Oils for Radiant Skin and Hair*, you'll learn:

- How to apply, mix, and diffuse essential oils for glowing skin and hair
- The best places to buy and store your precious oils
- Aromatherapy techniques for glowing skin and mind
- Secret essential oil recipes for healthy, beautiful skin, hair, and body

Pick up your copy of *Your Guide to Aromatherapy and Essential Oils for Healing* and claim nature's gift to you—gorgeousness without the worry that accompanies synthetic chemicals—today!

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