



Handbook of Adult Development (The Springer Series in Adult Development and Aging)

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This volume is an outgrowth of contemporary research on development over the adult lifespan, which by now has burgeoned and developed both nationally and internationally. However, for us, the impetus to be involved in this area was spawned and nurtured by our initial association with the Society for Research in Adult Development (SRAD) with its origins some 15 years ago by Michael Commons and his associates in Cambridge, Massachusetts. Through the good will and support of this society, we also became, and are still, heavily involved with the Journal of Adult Development and the Kluwer-Plenum Monograph Series on Adult Development and Aging, of which this volume is a companion. Many of the contributions in the volume are from SRAD members, who consistently adhere to a focus on positive adult development. Their chapters have been complemented by pieces from other researchers, who have adopted more mainstream approaches to adult development and/or aging. Regardless of the particular approach and/or focus of the chapter, all the work reported herein supports the relatively recent idea that development is not restricted to children and adolescents but continues throughout the adult lifespan in ways that we never envisioned some 20 years ago. Thus, the volume represents state-of-the-art theory, research, and practice on adult development, which has the potential to occupy us all for some time to come.

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