



# 100 Quick Stir-Fry Recipes (My Kitchen Table)

*Ken Hom*

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**100 Quick Stir-Fry Recipes (My Kitchen Table) Ken Hom**

**From light veggie meals to spicy beef or seafood, something for every occasion**

Offering a broad range of recipes including curries and salads, modern and traditional, plus appetizers, snacks, and side dishes, this book offers an amazing selection of taste, ingredients, and style, all made in the wok. Recipes include Savory Beef with Asparagus, Rainbow Vegetables, Ginger and Garlic Carrots, and Sweetcorn and Crab Soup. Includes dual measurements.

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